



ADRIEN GREY MACKENZIE, LMT, PTA, CLT-LANA

CURRENT EMPLOYMENT

Self-Employed Licensed Massage Therapist and Certified Lymphedema Therapist providing office and in-home services to clients for Holistic Massage, Manual Lymphatic Drainage, Complete Decongestive Therapy and Myofascial Release for scar tissue and chronic pain management and to address Muscle Tension Dysphonia. Telephone Health and Wellness Coaching for Cancer Survivors.

RECENT EMPLOYMENT

Full-Time PTA at Vanderbilt University Medical Center's Dayani Center for Health and Wellness and Vanderbilt Lymphedema Therapy Clinic from 7/2009 – 7/2015.

WORK HISTORY

- 2011-present: Adie Grey MacKenzie Certified Lymphedema Therapist, Nashville, TN
 - Self-employed lymphedema therapist, LANA National Certification #1817
- July 2009- July 2015: Physical Therapist Assistant
 - Vanderbilt Dayani Center for Health and Wellness
 - Vanderbilt Lymphedema Therapy Clinic, Nashville, TN
- 1982-present: Adie Grey MacKenzie Licensed Massage Therapist, Nashville, TN
 - Self-employed massage therapist, TN License #7130
- 1993-2005: HB Music Company, Nashville, TN
 - Co-owned and operated independent music corporation with duties including writing, performing, recording, publishing, bookkeeping and public relations

EDUCATION

- Certified Health and Wellness Coach, Wellcoaches, 2013
- Certified Lymphedema Therapist, Academy of Lymphatic Studies, 2011
- Associate of Applied Science Degree, Physical Therapist Assistant, Volunteer State Community College, Gallatin, TN, conferred May, 2009
 - 3.86/4 GPA, Dean's List, Membership in Phi Theta Kappa Honors Society
- Massage Therapy
 - Nationally Board Certified Massage Therapist by the NCBTMB 2014
 - Natural Health Institute, Nashville, TN 2007/2008
 - Esalen Institute, Big Sur, CA 1984
 - Santa Monica School of Massage 1982
- General
 - University of California at Santa Cruz, 1976
 - California State University at Northridge, 1982-1983

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SIGNIFICANT CONTINUING EDUCATION

- Microcurrent Point Stimulator course 6/2012 & 6/2014
- Lymphedema Therapist Certification course 2011
- Head and neck lymphedema therapy course 2011
- John Barnes Myofascial Release Courses 2010, 2011, 2013

PROFESSIONAL ASSOCIATIONS

- American Physical Therapy Association (APTA)
- American Massage Therapy Association (AMTA)
- Tennessee Massage Therapy Association (TMTA)
- Lymphology Association of North America (LANA)

PROFESSIONAL ACCOMPLISHMENTS

STRONG PEOPLE SKILLS

- Extensive experience working directly with patients during massage career resulting in a high level of confidence interacting with and touching people.
- International travel provided experience of a wide variety of cultures and personalities, enhancing strong communication skills.
- Community service has been a regular activity for many years, and will be an asset to a clinic's outreach activities.

ADMINISTRATIVE EXPERIENCE

- Experience running a company has led to an appreciation of the importance of good fiscal practices and an understanding of all of the various aspects of achieving a successful business.

HONORS

- Panel and poster presentations regarding lymphedema education and management at National Women's Survivors Conference 8/2013
- Acceptance of case study for Poster Presentation on lower extremity lymphedema at National Lymphedema Network Conference, 9/2012, and on head and neck lymphedema at 2014 conference.
- 3 times Employee of the Month at Vanderbilt Dayani Center

PERSONAL ATTRIBUTES

- Completed Volunteer State Community College PTA program with a GPA of 3.86, placement on the Dean's list and membership in Phi Theta Kappa.
- Recipient of the 2008-2009 Wilda Dodson Returning Women Scholarship
- As Class President, had the opportunity to organize and implement a 5K walk to raise awareness of and money for Lung Cancer Research in conjunction with the National Lung Cancer Partnership and provided community health information in Spanish as well as English.
- Over 30 years of experience in manual therapy as a massage therapist with current licensure in Tennessee.
- 15 years of experience running a music company and twice that as a performer, providing experience and confidence in talking and dealing with people.
- 10 years of experience as a board member with 5 of those as an officer of local 501c3 non-profit organizations.

COMMUNITY SERVICE

- Board Member and Middle Tennessee Team Leader, Lymphedema Advocacy Group 1/2015- present
- TPTA PTA SIG-PTA District Representative-Nashville District, 5/2011-5/2015
- Board Member Women Rock for the Cure 1/2015-1/2016
- Vanderbilt Ingram Cancer Center Cancer Committee, Patient Advocate Representative 6/2013-7/2015
- Vanderbilt Ingram Cancer Center HOPE Connection Volunteer 2013-present
- Gilda's Club Lymphedema Education Volunteer 6/2014 - present
- Lymphedema Support Group Co-facilitator, The Estuary, Nashville 6/2015-present
- Vanderbilt Shade Tree Clinic board member 1/2012-3/2014
- Volunteer PTA at free community outreach services Shade Tree Clinic
- Volunteer at Komen Race for the Cure, Relay for Life, 2012
- Secretary/Treasurer, American Roots Music Education 2004-2014
- Volunteer, Seaton Support Center, St. Thomas Hospital, 2007-2009
- Board Member/Blues in the Schools Administrator, Music City Blues Society, 2000-2004